



September- Complete Care Dining Service Inc. Monthly Menu

| Week 1 | AM Snack | Breakfast | Lunch | PM Snack | Dinner | HS Snack |
|------------------------------|---|---|--|---------------------------------|--|--------------------------------|
| Wednesday 9/1/2021 | Coffee/ Tea Omelet Pastry Assorted Pastry | Pancakes Assorted Hot/ Cold Cereal | Stuffed Shells w/ Meat Sauce Tossed Salad or Baked Seasoned Chicken Seasoned Potatoes, Cauliflower Dessert.: Fruited Jell-O | Coffee / Tea Assorted Snacks | Soup of the Day Chicken Salad Sandwich Carrot Raisin Salad or Salami & Swiss Sandwich Spinach Salad Dessert: Fruit Cup | Coffee/ Tea Assorted Snacks |
| Thursday 9/2/2021 | Coffee/ Tea Assorted Pastry | Scrambled Eggs, Bacon Assorted Hot/ Cold Cereal | Broiled Flounder Mashed Sweet Potatoes, Broccoli or Veal Cordon Bleu Rice, Key West Blend Dessert: Layer Cake | Coffee/ Tea Assorted Snacks | Jersey Cheese Dog, Sauerkraut, Baked Beans or Prime Rib Burger on Bun Salad Dessert: Rainbow Jell-O Soup of the Day Dessert: | Coffee/Tea Assorted Snacks |
| Friday 9/3/2021 | Coffee/ Tea Assorted Pastry | Waffles Assorted Hot/ Cold Cereal | Center Cut Porkchops w/ Applesauce Cornbread Stuffing Glazed Carrots or Calves Liver w/ onion & Bacon Creamed Corn Green beans Dessert: Pudding w/ Topping | Coffee/ Tea Assorted Snacks | Soup of the Day Grilled Chicken Sandwich w/ Ranch Dressing on Buns Caprese Salad or Cheeseburger on Roll Lettuce & Tomatoes Dessert: Pudding | Coffee/ Tea Assorted Snacks |

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| Week 2 | AM Snack | Breakfast | Lunch | PM Snack | Dinner | HS Snack |
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| Saturday 9/4/2021 | Coffee/ Tea Assorted Pastry | Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal | Pepper Steak over Rice Oriental Blend or Macaroni & Cheese Stewed Tomatoes Dessert: Cake | Coffee/ Tea Assorted Snacks | Soup of the Day Roasted Turkey Sandwich with Caesar Salad or Tuna fish Sandwich Cole Slaw Dessert: Fruit Cup | Coffee/ Tea Assorted Snacks |
| Sunday 9/5/2021 | Coffee/ Tea Assorted Pastry | Omelet Pastry Assorted Hot/ Cold Cereal | Baked Ham w/ Pineapples Fresh Sweet Potato Wedges Green Beans or Roast Lamb w/ Mint Jelly Risotto Winter Blend Dessert: Ice Cream | Coffee/ Tea Assorted Snacks | Soup of the Day Meatball Sub Broccoli Salad or Italian Sub Sandwich Carrot Raisin Salad Dessert: Fruit Cup | Coffee/ Tea Assorted Snacks |



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— MANAGEMENT —

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| Monday 9/6/2021 | Coffee/ Tea Assorted Pastry | French Toast Assorted Hot/ Cold Cereal | Corned Beef, Boiled Potatoes, Cabbage or Beer Battered Cod Filet Succotash, Stewed Tomatoes. Dessert: Cake Pound | Coffee/Tea Assorted Snacks | Soup of the Day Monti Cristo Spinach Salad OR Taylor Ham Egg & Cheese on Bun Marinated Vegetables Dessert: Fruit Cup | Coffee/ Tea Assorted Snacks |
| Tuesday 9/7/2021 | Coffee/ Tea Assorted Pastry | Scrambled Egg Pastry Assorted Hot/ Cold Cereal | Spaghetti w/ Italian sausage Tossed Salad or Meatloaf w/ Gravy Scalloped Potatoes, Prince Edward Vegetables Dessert: Rainbow Jell-O | Coffee/Tea Assorted Snacks | Soup of the Day Caesar Chicken on A Kaiser Roll Tossed Salad or Crab Cake on Bun Bean Salads Dessert: Fruit Cup | Coffee/ Tea Assorted Snacks |
| Wednesday 9/8/2021 | Coffee/ Tea Assorted Pastry | Pancakes Assorted Hot/ Cold Cereal | Beef & Broccoli over Low Mein Noodles Stew Vegetables or Stuffed Cabbage Mashed Potatoes Carrots Beans Dessert: Fruit Cup | Coffee/ Tea Assorted Snacks | Western Omelet Shredded Hashbrown Seasoned Spinach or Grilled Ham & Cheese Harvard Beets Dessert: Pudding | Coffee/Tea Assorted Snacks |
| Thursday 9/9/2021 | Coffee/ Tea Assorted Pastry | Scrambled Eggs, Bacon Assorted Hot/ Cold Cereal | BBQ Chicken over Wild Rice Green Beans or Lasagna w/ Meat Sauce Tossed Salad Dessert: Layer Cake | Coffee/ Tea Assorted Snacks | Soup of the Day Jersey Submarine Sandwich Marinated Artichokes or Tuna Fish Sandwich Cole Slaw Dessert: Fruit Cup | Coffee/Tea Assorted Snacks |
| Friday 9/10/2021 | Coffee/ Tea Assorted Pastry | Breakfast Waffles Assorted Hot/ Cold Cereal | Broiled Salmon Garlic Mashed Potatoes Broccoli or Roasted Turkey w/ Dressing Cornbread Stuffing Seasoned Spinach Dessert: Layer Cake | Coffee/Tea Assorted Snacks | Soup of the Day Roast Beef & Swiss on Roll Tossed Salad or Chili over Rice Sautéed Fresh Zucchini Dessert: Fruit Cup | Coffee/Tea Assorted Snacks |

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| Week 3 | AM Snack | Breakfast | Lunch | PM Snack | Dinner | HS Snack |
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| Saturday 9/11/2021 | Coffee/ Tea Assorted Pastry | Scrambled Eggs Pastry Assorted Hot/ Cold Cereal | Classic Style Meatloaf, Mashed Potatoes Glazed Carrots or Calves Liver w/ Onion Creamed Corn Stewed Tomatoes Dessert: Pudding Cup | Coffee/Tea Assorted Snacks | Soup of the Day Chicken Salad Sandwich Marinated Tomatoes or Egg Salad Sandwich Broccoli Slaw Dessert: Fruit Cup | Coffee/ Tea Assorted Snacks |



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| Sunday 9/12/2021 | Coffee/ Tea Assorted Pastry | Cheese Omelet Assorted Hot/ Cold Cereal | Sauerbraten w/ Potato Pancakes Red Cabbage Or Roasted Turkey w/ Gravy Cornbread Stuffing Asparagus Dessert: Ice Cream | Coffee/Tea Assorted Snacks | Soup of the Day Crab Cake on Bun w/ Bean Salad or Macaroni & Cheese Stewed Vegetables Dessert: | Coffee/Tea Assorted Snacks |
| Monday 9/13/2021 | Coffee/ Tea Assorted Pastry | French Toast Assorted Hot/ Cold Cereal | Baked Ham w/ Gravy Scalloped Potatoes Carrots or Seafood Marinara Pasta Broccoli Dessert: Layer Cake | Coffee/Tea Assorted Snacks | Soup of the Day Meatloaf Parmesan on Roll Cole Slaw or Turkey Burger on Bun Salad Dessert: Fruit Cup | Coffee/ Tea Assorted Snacks |
| Tuesday 9/14/2021 | Coffee/ Tea Assorted Pastry | Scrambled Eggs Assorted Hot/ Cold Cereal | Chicken Francaise Corned Bread Stuffing California Blend or Calves Liver w. Onions Mashed Potatoes Winter Blend Dessert: Fruit Cup | Coffee/Tea Assorted Snacks | Soup of the Day Tuna fish Sandwich Carrot Raisin Salad or Egg Salad Sandwich Spinach Salad Dessert: Pudding Cup | Coffee/ Tea Assorted Snacks |
| Wednesday 9/15/2021 | Coffee/ Tea Assorted Pastry | Pancakes Assorted Hot/ Cold Cereal | Meatloaf w/ Gravy Buttered Noodles Sugar Snap Pea or Baked Ham w Gravy Scalloped Potatoes Fresh sauteed Summer Zucchini Dessert: Bundt Cake | Coffee/Tea Assorted Snacks | Soup of the Day BBQ Pulled Shredded Pork on Bun String Bean salad or Chicken Salad Sandwich Rainbow Slaw Dessert: Fruit Cup | Coffee/ Tea Assorted Snacks |
| Thursday 9/16/2021 | Coffee/ Tea Assorted Pastry | Scrambled Eggs Pastry Bacon Assorted Hot/ Cold Cereal | Breaded Flounder Au Gratin Potatoes Oriental Blend or Shepherd's Pie w/ Mixed Vegetables Dessert: Pudding | Coffee/Tea Assorted Snacks | Soup of the Day Pizza Pie w/ Sausage Tossed Salad or Fish Cake on Roll 3 Bean Salad Fruit Cup | Coffee/ Tea Assorted Snacks |
| Friday 9/17/2021 | Coffee/ Tea Assorted Pastry | Breakfast Waffles Assorted Hot/ Cold Cereal | Roast Pork Loin w/ Sauerkraut Fresh Sweet Potatoes Broccoli Rabe or Roasted Turkey w/ Dressing Cornbread Stuffing Green Beans Dessert: Layer Cake | Coffee/ Tea Assorted Snacks | Soup of the Day Jersey Cheese Steak on Roll Sauteed Peppers & Onions or Crab Cake on Roll Bean Salad | Coffee/ Tea Assorted Snacks |



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| Week 4 | AM Snack | Breakfast | Lunch | PM Snack | Dinner | HS Snack |
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|-------------------------------|--------------------------------|--|---|--------------------------------|---|--------------------------------|
| Saturday 9/18/2021 | Coffee/ Tea Assorted Pastry | Scrambled Eggs Pastry Assorted Hot/ Cold Cereal | Veal Marsala w/ Fresh Mushrooms over Buttered Noodles Spinach or Swedish Meatballs Over Wild Ric e Broccoli Dessert: Layer Cake | Coffee/Tea Assorted Snacks | Soup of the Day Grilled Cheese w./ Tomatoes Marinated Vegetables or Cheeseburger on Roll Tossed Salad | Coffee/Tea Assorted Snacks |
| Sunday 8/19/2021 | Coffee/ Tea Assorted Pastry | Cheese Omelet Pastry Assorted Hot/ Cold Cereal | Homemade Stuffed Pepper Buttered Noodles Carrots or Baked Chicken Leg Cornbread Stuffing Green Beans Dessert: | Coffee/Tea Assorted Snacks | Soup of the Day Old Bay Fish Cake on Bun Marinated Vegetables or Chili Dog on Roll w/ Sauerkraut Dessert: Fruit Cup | Coffee/Tea Assorted Snacks |
| Monday 9/20/2021 | Coffee/ Tea Assorted Pastry | French Toast Assorted Hot/ Cold Cereal | Chicken Chow Mein Over Rice Chinese Vegetables or Center Cut Pork Chop Mashed Potatoes Sauteed Cabbage Dessert: Pudding | Coffee/Tea Assorted Snacks | Soup of the Day Reuben Sandwich Cole Slaw Or Tuna melt on English Muffin Salad Dessert: Fruit Cup | Coffee/ Tea Assorted Snacks |
| Tuesday 9/21/2021 | Coffee/ Tea Assorted Pastry | Scrambled Eggs Syrup, Sausage Assorted Hot/ Cold Cereal | Spaghetti w/ Meatballs Tossed Salad or Roasted Turkey w/ Cranberry Sauce Fresh Sweet Potatoes Fresh Sauteed Summer Zucchini | Coffee/ Tea Assorted Snacks | Soup of the Day Resident Choice Meal L   | Coffee/Tea Assorted Snacks |
| Wednesday 9/22/2021 | Coffee/ Tea Assorted Pastry | Pancakes Assorted Hot/ Cold Cereal | Beer Battered Cod Macaroni & Cheese Spinach Or Salisbury Steak w/ Dressing Over Rice Asparagus Dessert: Rainbow Jell-O | Coffee/Tea Assorted Snacks | Soup of the Day Roast beef Sandwich Cucumber Salad or Roasted Turkey Sandwich Bean Salad Dessert: Fruit Cup | Coffee/Tea Assorted Snacks |
| Thursday 9/23/2021 | Coffee/ Tea Assorted Pastry | French Toast Maple Syrup, Bacon Assorted Hot/ Cold Cereal | Pot Roast w/ Dressing Mashed Potatoes California Blend or Baked Chicken Legs Buttered Noodles Green Beans Dessert: Pudding | Coffee/Tea Assorted Snacks | Soup of the Day Pizza Pie w/ Sausage Tossed Salad or Ham & Cheese Sandwich Dessert: Fruit Cup | Coffee/Tea Assorted Snacks |



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| Friday 9/24/2021 | Coffee/ Tea Assorted Pastry | Waffles Assorted Hot/ Cold Cereal | Baked Ham w/ Gravy Scalloped Potatoes Carrots or Seafood Marana Over Pasta Broccoli Dessert: Layer | Coffee/Tea Assorted Snacks' | Soup of the Day Meatloaf Parmesan on Bun Cucumber Salad or Grilled Turkey Burge on Bun Salad Dessert: Fruit Cup | Coffee/Tea Assorted Snacks |
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| Week 5 | AM Snack | Breakfast | Lunch | PM Snack | Dinner | HS Snack |
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| Saturday 9/25/2021 | Coffee/ Tea Assorted Pastry | Eggs & Pastry Assorted Hot/ Cold Cereal | Jumbo Raviolis w/ Meat Sauce Broccoli or Veal Cordon Bleu Cornbread Stuffing Spinach Dessert: Pudding | Coffee/Tea Assorted Snacks | Soup of the Day Seafood Salad Sandwich Carrot Rasin Salad or Caesar Grilled Chicken Sandwich on Bun Salad Dessert: Fruit Cup | Coffee/ Tea Assorted Snacks |
| Sunday 9/26/2021 | Coffee/ Tea Assorted Pastry | Cheese Omelet Assorted Hot/ Cold Cereal | Pot Roast w/ Dressing Buttered Noodles Green Beans or Baked Ham Steak Scalloped Potatoes California Blend Dessert: Ice Cream | Coffee/Tea Assorted Snacks | Soup of the Day Roast Turkey Salad or Liverwurst Sandwich Lettuce & Onions Dessert: Fruit Cups | Coffee/Tea Assorted Snacks |
| Monday 9/27/2021 | Coffee/ Tea Assorted Pastry | French Toast Assorted Hot/ Cold Cereal | Breaded Italian style Chicken Cutlet Garlic Mashed Potatoes Glazed Carrots or Center Cut Breaded Porkchop w/ Applesauce Stuffing w/ Raisins Summer Squash Dessert: Cake | Coffee/Tea Assorted Snacks | Soup of the Day Cheese Quiche Broccoli or Meatball Sub Caprice Salad Dessert: Dessert: Fruit Cup | Coffee/Tea Assorted Snacks |
| Tuesday 9/28/2021 | Coffee/ Tea Assorted Pastry | Scrambled Eggs w/ Sausage Assorted Hot/ Cold Cereal | Beef Stroganoff w/ Fresh Mushrooms Over Noodles Sauteed Spinach or Baked Chicken Breast w/ Dressing Fresh Sweet Potatoes Sauteed Zucchini | Coffee/ Tea Assorted Snacks | Soup of the Day Tuna fish Sandwich Greek Salad or Ham Sandwich Pickled Beets Dessert: Pudding Cup | Coffee/ Tea Assorted Snacks |
| Wednesday 9/29/2021 | Coffee/ Tea Assorted Pastry | Omelet Pastry Assorted Hot/ Cold Cereal | Baked Ziti w/ Meat Sauce Tossed Salad or Veal Cordon Bleu Mashed Potatoes Cabbage Dessert: Jell-O | Coffee/tea Assorted Snacks | Soup of the Day Breaded Chicken Sandwich on Bun Greek Salad or Kielbasa Seasoned Potatoes Cabbage Dessert: Fruit Cup | Coffee/ Tea Assorted Snacks |



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Thursday
8/30/2021

Coffee/ Tea
Assorted Pastry

Scrambled Eggs Pastry,
Bacon
Assorted Hot/ Cold
Cereal

Old Bay Fish Cakes Rice Vegetarian Blend or
Salisbury Steak w/ Gravy
Seasoned Potatoes Winter Blend
Dessert: Fruit Cup

Coffee/Tea
Assorted Snacks

Soup of the Day
Grilled Ham & Cheese Sandwich Carrot Raisin
Salad or Cheese Dog on Roll Baked Beans
Dessert: Fruit Cup

Coffee/ Tea
Assorted Snacks

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